



Many Lifetimes Visual Story

YEWANDE 103

Many Lifetimes is a poetic new dance-installation from interdisciplinary dance company Yewande 103.

RUNNING TIME: 75 MINUTES (NO INTERVAL)
LATE COMES MAY BE PERMITTED

Visual Story Compiled by: Angel Dust & Rudzani Moleya

Performing Collaborators:

Alexandrina
Yewande Hemsley



Bee Solomon



Rudzani Moleya



Performing Collaborators Continued:

Alice Tatge



Greta Mendez



THE SPACE

Inside the performance space, a linen fabric canopy that is dripping water, is suspended above a circular silver mirror floor. Around the silver reflective floor are lit up stools for the performers.





During the first section
of the performance, a
silk shroud made up of
different collaged images
will cover the silver floor
until it gets unzipped and
passed around for the
audience to hold.



PERFORMANCE OVERVIEW

1. Opening text
2. Two people place parcels of ice on stage and unwrap them
- 3.. Unfolding fabric
- 4.. Shroud solo
- 5.. Five solos
- 6.. Group score
7. Five performers finishing in a line dancing

LIGHT

The lighting is mostly dim and atmospheric with occasional bright spotlights but **no** flashing. The colours oscillate from warm white to orange and from purples to blues.

SOUND

The soundscape consists of drones, accordion, flutes, string instruments and singing.

There will be a section with a field recording of bird sounds.

Gradual increases in rhythm and volume will be followed by calmer parts.

CREDITS

Concept, Creative Direction and Choreography: Alexandrina Yewande Hemsley

Performing collaborators: Alexandrina Yewande Hemsley, Greta Mendez, Rudzani Moleya, Bee Solomon,
Alice Tatge

Sound Design & Composition: Bianca Wilson, Femi Oriogun-Williams, Ray Aggs

Additional Track: João Caetano, Dave Archer

Set Co-Design: Ruta Irbite, Alexandrina Yewande Hemsley

Set Fabrication and installation: Ruta Irbite

Costume Design: Abiola Onabule

Collages: Alexandrina Yewande Hemsley

Text: Alexandrina Yewande Hemsley

Original Performing Collaborators: Pierre Babbage, Alexandrina Yewande Hemsley, Rickae HewittMartin, Greta Mendez, Rudzani Moleya, Bee Solomon, Alice Tatge

Original Lighting Design: Michael Morgan

Producer: Yewande 103

Associate Artistic Director: Rudzani Moleya

Producer (Strategy and Programme): Megan Saunders

Development Production 2023-2025: Metal & Water

Rehearsal Direction: Angel Dust

Accessibility Coordinator: WeAreSensoria, Saskia Horton

Audio Description - Shivaangee Agrawal

Full biographies of the artistic collaborators can be found at www.yewande103.com/collaborators

Special thanks to Chiron Stamp for design collaboration and to Frances Morgan for dance movement collaboration in the research and development period at Battersea Arts Centre. Additional thanks to Lesta Woo and Soundscribe for initial audio description development in 2024.

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Welcome to the Lilian Baylis Studio

This Visual Story is to help prepare you to come and see a performance of Many Lifetimes by Yewande 103 in the Lilian Baylis Studio at Sadler's Wells.

The Lilian Baylis Studio is a small-scale theatre for dance in London. People come here to watch a wide range of dance shows.

This Visual Story has information about the show and images to help anyone who may be anxious (or curious) about their visit.

It also has information to help you find your way to the Lilian Baylis Studio.

We hope that this Visual Story helps you feel more prepared for your visit.

About Relaxed Performances

A relaxed performance is a more laidback theatre experience for anyone who would benefit from a more relaxed atmosphere to enjoy a show.

This means:

You are welcome to leave and re-enter the auditorium if you need to.

Audience members are welcome to make noise in the auditorium and react to the performance in whatever way feels natural.

We provide a Visual Story (like this one) to help you feel prepared for your visit.

There is a Chill-Out Space where you can relax away from the other people in the auditorium if you need a quiet space.

Ear defenders are available from Front of House staff on request.

LILIAN BAYLIS STUDIO

The Lilian Baylis Studio is along Rosebery Avenue in Angel, London and is part of a building we call Sadler's Wells in Angel.



You will walk through these sliding doors towards the Stage Door reception and café.



THE CAFE

Turn right past the reception and into the Fox Garden Court café. You are welcome to buy food and drink from the café before your show starts. There will be children-friendly food available.

There is a tap available in the dining area where you can help yourself to a glass of water or fill up your bottle. Food or drinks are not allowed in the auditorium (where the show is performed), so please finish anything beforehand or save it for afterwards. Breast and bottle feeding is welcome in the auditorium and everywhere at Sadler's Wells.

The café will be busy and noisy with people eating and drinking.



TOILETS

You can find toilets by following the corridor through the café. There is also an accessible toilet here.



There are baby-changing facilities available in the accessible toilet.



The Auditorium

The hosts will lead you into the auditorium, which is through the double doors opposite the café counter.

Our team of ushers will check your ticket on your way in. The seating is unallocated, which means you can sit in any available seat. There will be a variety of seating, from chairs, bean bags and cushions. You can choose where you would like to sit.

Other people will be taking their seats too and it might feel busy and a little bit noisy.



This is the auditorium where the show will be performed. There is space for 180 people at this show. The seating bank will not be present for this show.

The doors to go into the auditorium will open at 8pm. The ushers will direct you to your seat.

How long will the show last?

The show will last for approximately (which means that sometimes it is a little bit more, sometimes a little bit less) 1 hour and 15 minutes and does not have an interval. An interval is a break in the middle of the show, but this show does not have one.



THE CHILL-OUT ROOM

The Chill-Out Room is through a corridor at the back of the café, past the toilets on the right just before the grey door. You will need to press the square silver button to the right of the door and the door will open automatically. There will be signs to direct you.

There will be sofas and cushions for you to relax on. The performance in the auditorium will be shown on the TV screen, so you can watch this way if you like.

Ask any of our staff if you need some help to find the Chill-Out Room.



At the links below, find out more about:

[Relaxed Performances at Sadler's Wells](#)

[See our list of upcoming Relaxed Performances](#)