Photo credit: Hugo Glendinning



Over and Over (and over again)

Dan Daw Creative Projects for Candoco Dance Company



Trigger & Content Warnings





Loud Sounds

The show explores raving through a disability lens and has a beat-driven soundtrack throughout.

To make the soundscore accessible to our D/deaf dancer, there is also a strong bass beat and you may feel these vibrations in your body.

If sound is something you like to have some control over, please take a pair of ear defenders into the show - we have ear plugs and over the head, ear defenders.

If you would like to hear the loudest sound moment in the show, we can play it in the auditorium before the show starts. Just ask someone on the pre-show access table.



Bright Lights

Somtimes in the show the light is bright and it pulsates.

If you would like to experience the brightest and most busy light moments in the show, we can show you this before the show starts. Just ask someone on the pre-show access table.



Swearing

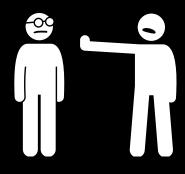
There is some strong language in the show. For example one song includes a gently sung 'f*ck you'. The 'f*ck you' will appear many times on the caption screen throughout this song.



Aggressive dance / behaviour

There is a section called 'hype man' where 2 dancers have a dance-off that involves winding each other up / strutting their moves close up to one another.

We imagine the space and the world welcoming all parts of us, and in this moment the dancers access a part of themselves they might not normally show or play with in public.



Exclusion

In making a show about a space where we belong, we also talk about the spaces we have been excluded from.

This is explored in the first section where the dancers struggle to get ready for their night out, and after all the effort they are told 'Your name's not down, you're not coming in'.

Excluded from the club, the dancers create their own rave and explore what rave needs to be for them to let go.



Sexually suggestive depictions

There is a section where two dancers spin together and touch one another in a sensual way. They are often chest-to-chest in this section, feeling with their eyes closed.

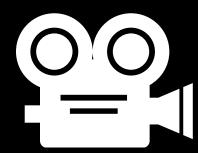


Language

We use titles and definitions to frame the dance sections and make the work more accessible: contemporary dance can be a bit abstract and odd!

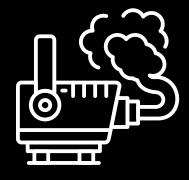
The definitions go from dictionary definitions to our own definitions and interpretations!

For full detail on the titles and their definitions see our Show Breakdown and Audience Script.



Close up video

There is a section where the dancers film one another and this is projected on the screen for audiences. There are close ups of footage of hands, faces, and a notebook the dancers use to communicate.



Haze / Smoke Machine

Haze is used on stage throughout the show.



Contacts Candoco Dance Company

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Please visit our website for more information about the work.









The London Community Foundation

Photo credit: **Hugo Glendinning**

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