

HUMANHOOD

DANCE THEATRE MEDITATION

[I n f i n i t]



∞ *{Infinite}* is Julia Robert and Rudi Cole's first Dance Theatre Meditation in which they guide the audience through a mystical journey. The outside world of the magical dance on stage will merge with your internal awareness. The premise is movement and consciousness, becoming aware of the infinite power that flows to and through us, giving life to all beings.

This is the first production where they explicitly bring together their shamanic powers to fuse with their signature choreographic movement language.

Throughout the years of Julia and Rudi's worldwide ventures into meditation, energetic channeling, yoga, plant medicine, and personal development they tapped into their internal power and felt called to share a work of art that aligns with their mission to raise human consciousness. During their creative career, they strived for a link that bridged their artistic expression with their spiritual path. ∞ *{Infinite}* is the culmination of their personal holistic approach, sculpturing a new way to experience a dance production, in which the theatre setting becomes a sacred space conducive for internal realisations. ∞ *{Infinite}* opens a door through which the audience is invited to tap into the infinity we all contain within.

During this Dance Theatre Meditation, you will be receiving energetic transmissions both through words and movement, channeled by Julia and Rudi and embodied by the stunningly fluid dancers. The cosmic tribe on stage was formed through an intensive time in the dance studio as well as sacred rituals in Nature, connecting beyond the physical realm. All group sessions started with a gratitude practice, tapping into the power of our open hearts.

The whole research and final production was, is, and will continue to unfold as a sacred ritual of movement, light, and sound, reminding us of the cosmic dance we are all a part of and the infinite potential of our future becoming.

We invite you to enter into the spirit of ∞ *{Infinite}*.

Important Notice: For the best visual-effect experience during a moment in the show, please rest your focus in space without looking directly at the moving light. A still image shall appear.





Artistic Directors of **HUMANHOOD**

Julia Robert and Rudi Cole say:

“The time has come for us to break out of the shell and share with the world the fusion of our spiritual practice with our artistic voice. ∞ {Infinite} is the culmination of decades of metaphysical experiences around the world, and our vision to take audiences to a brand-new theatre experience. This is our first Dance Theatre Meditation marking an exciting chapter in HUMANHOOD’s expansion.

“For us, the theatre is a modern-day temple, a place where the hearts and minds of many can come together as one, to allow new ideas to enter the imagination and challenge our thinking of the universe and ourselves as a part of it. We invite audiences to enter into the spirit of ∞ {Infinite}.”



HUMANHOOD
DANCE COMPANY



ABOUT

Merging Modern Physics & Ancient Mysticism to create visceral and immersive productions, HUMANHOOD aims to share extraordinary experiences that transform and connect us all.

Founded in 2016 by Catalan and Birmingham born artists Julia Robert and Rudi Cole, HUMANHOOD's following has since rapidly grown in the UK and international dance scene.

With a commitment to self-growth and artistic expression, HUMANHOOD's work combines Julia and Rudi's choreographic style and exceptional physicality with scientific research into physics and astrophysics, alongside a focus on Eastern mysticism, to explore how these seemingly different worlds can come together to shape our human experiences. These explorations have taken the artists around the world to work with a wide range of multi-disciplinary artists, spiritual practitioners, shamans and indigenous tribes, to stage productions of high levels of artistic intricacy and spiritual resonance, merging energy-shifting sound, light and movement transporting audiences to a place beyond the senses. The company also collaborates with scientists, including the research team of Birmingham University's physics & astrophysics department.



PREVIOUS WORKS

ZERO, HUMANHOOD's first full-length duet performed by Rudi and Julia, was premiered in 2016 at MAC Birmingham and its 15min extract won 1st Prize at Madrid 30' Choreographic Contest. The same extract won the Tanja Liedtke Prize at the Ballet Gesellschaft International Choreographic Contest in Hanover.

TORUS, the company's first group piece, was selected to be presented as part of the UK Dance Showcase, Aerowaves Twenty in 2021, Seoul International Dance Festival and Barcelona's renowned Grec Festival, amongst others. The piece was nominated for best choreography at the Catalan Critics Awards as well as best lighting design by Tom Visser at DansaCat Awards.

ORBIS and SPHERA, two outdoor duets exploring the relationship between human beings and the moon extensively toured in the outdoor circuit world-wide, and were presented as part of the BBC and Sadler's Wells' digital programme Dancing Nation.

Julia and Rudi, aka HUMANHOOD, are currently Associate Artists at Mercat de les Flors.



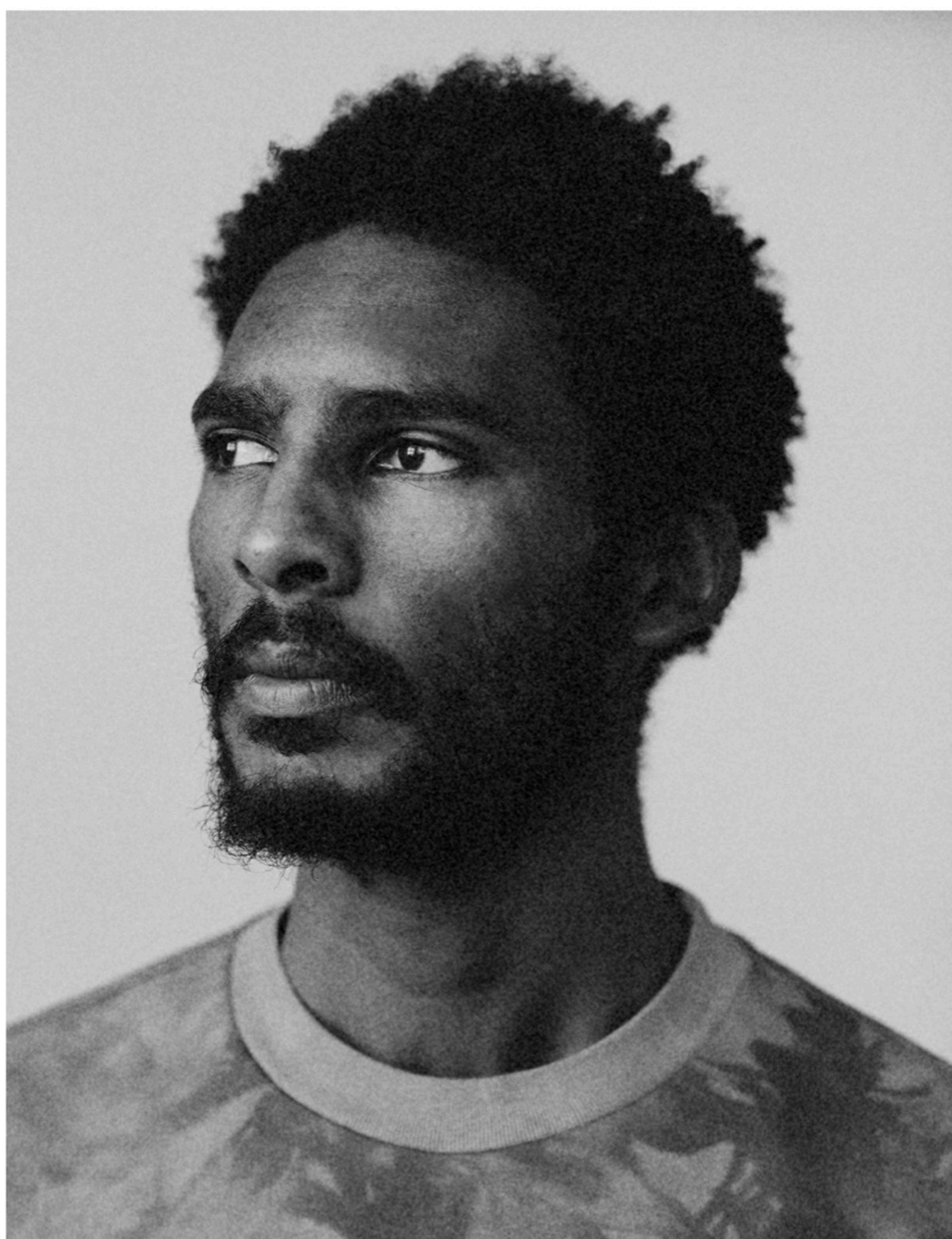
CREATIVES



Julia Robert

Choreographer/ Co-Artistic Director

Julia danced since her early ages on this planet expressing her innate fluidity and grace. Captivated by the wonders of the Universe she started a physics degree at Universitat de Barcelona. However, she realised this path was not in alignment with her soul's purpose and dived fully into dance, graduating from the London Contemporary Dance School and performing in some of the world's most recognised theatres. Julia has an innate sensibility for beauty and movement energy as well as a powerful imagination creating magnificent universes on stage. She is passionate about accessing the movement of the body as a portal to higher states of consciousness and unity. She also coaches a selected group of visionary women to answer their call and make an impact.



Rudi Cole

Choreographer/ Co-Artistic Director

Coming from a family of artists having an innate sense for rhythm, musicality and sharp eye for movement quality, Rudi has identified dance as his passion from his early years. He graduated from the Northern School of Contemporary Dance and had a prolific career as a professional dancer including performing in the 2012 London Olympic Games.

He is a devoted practitioner of the internal martial arts fusing the energetic power of the body into the movement quality of the company. His child-like curiosity has brought him to research ancient and shamanic practices around the world, expanding the potential of human physicality.



Julia and Rudi founded HUMANHOOD in 2016 with the vision to create a worldwide movement for the expansion of human consciousness. Since the creation of their first duet ZERO, they have established a clear choreographic language expressing a sublime spiritual sensitivity which has brought the interest and following of the dance sector and beyond, including wellbeing and holistic communities. Their award-winning work has been performed at some of the most prestigious venues (Sadler's Wells and Mercat de les Flors) and festivals (Grec and Venice Biennale) in the world.

In 2021, they started delivering transformative movement workshops, including their success The HUMANHOOD Experience, for individuals looking to connect with their body through the power of movement and dance. They believe it is time for everyone to take the real stage, the Earth's grounds in everyday life, and become a light in the future of humanity.

Dr Jean Houston, leading researcher in Human Capacities and one of the foremost visionary thinkers and doers of our time, says - *'The mystical couple... Julia & Rudi restore people to their original stuff, their original beingness... whether it is through dance, whether it is through words, whether it is through the radical beauty they both share together and individually.'*

**Instagram: [@humanhood](#)
[@humanhooddanceco](#)**



Tom Visser

Lighting Designer

In 2003 Tom joined The Nederlands Dans Theatre as a light technician which brought him into contact with many great names in the dance world. For the past 20 years he has been working as a freelance lighting designer. He has created works for NDT1 and 2, Royal Swedish Ballet, Les Ballets de Monte-Carlo, Sydney Dance Company and has extensively worked with Crystal Pite, having designed her last 10 works. Tom Visser has collaborated with Julia and Rudi for the re-work of ZERO 's extract for large scale stages and the production of TORUS which was nominated for best lighting design at the Dansacat awards in Catalonia.

<http://tomvisserdesign.com/>



Iain Armstrong

Composer

Iain Armstrong is a composer and sound designer based in Birmingham, UK. He is particularly interested in exploring the creative potential of recordings of the sound environment and encouraging people to engage in the act of listening. His work is presented internationally and spans music and sound design for theatre, dance and film, experimental electronic music, multi-channel sound installation, site-specific soundwalks, podcasts, phonography and live performance. Recent credits include music composition for Evan Placey's *Jekyll & Hyde* (Birmingham REP) and the soundtrack to Anna Falcini's film *Chère Julie* to name a few. Iain has previously collaborated with Rudi and Julia for the production of *ZERO* and both outdoor duets *ORBIS* and *SPHERA*.

<https://iainarmstrong.net>



Continue your journey with HUMANHOOD and become a part of this worldwide transformative movement, connecting mind, body and spirit...

HUMANHOOD's Dancer Training program *Empowering the next generation of creative movers*

This program is designed by Rudi and Julia to specifically support professional and vocational dancers as well as movement practitioners in becoming empowered and confident in both their body and artistic expression, through the practices and philosophy of HUMANHOOD.

The sessions delivered online by Rudi and Julia as well as the company dancers will allow participants to dive deep into HUMANHOOD's movement practice, choreographic repertoire and internal energetics, providing individual feedback and personal support.

This program is also ideal for those individuals who are looking into potentially joining the dance company in the future.



'I stepped into a completely new level of dancing and approaching movement, accessing deeper parts of my being I didn't know existed.' - dance student.

'Julia and Rudi's dance sessions are the best ones I've experienced in my life. They go beyond the body and take you right with them into a new universe. It was bliss.' - movement practitioner.

For more information and to register please visit:

<https://humanhood.net/performers>

Transformational Programs

Transform yourself, Transform your life

Julia and Rudi are leading thousands of individuals through the journey of remembering *who they truly are*, in order to create a purpose-filled life that they are fully in love with. Through revolutionary online coaching programs, fusing spirituality and mindset together with the power of movement; people from all backgrounds including artists, entrepreneurs and holistic practitioners are experiencing quantum leaps propelling their visions forwards and making their dreams a reality.



'I TRANSFORM Program has changed my life forever. I came from a place of doubt and confusion and now I find my self in a place of trust and guidance. My inner change has being so profound that I don't even recognise the limited me I was before. From the moment I started this journey with Julia and Rudi, everyday has been full of powerful discoveries and surprises. Stepping into my true myself is the biggest adventure I could ever imagine. Julia and Rudi, thank you from the depth of my soul for giving me back my power and showing me again the magic I had forgotten.' – Sait, I TRANSFORM participant.

Find out how working closely with Julia and Rudi can transform your life too:

<https://humanhood.net/online>

CREDITS

Concept, direction and choreography:
Julia Robert and Rudi Cole (HUMANHOOD)

Lighting:
Tom Visser

Music Composition:
Iain Armstrong


Music includes:
Vocals by Deya Dova and *Votiv* by Dorisburg

Costumes:
Julia Robert and Rudi Cole (HUMANHOOD) with
selected pieces from Lurdes Bergada and Sygman
Cucala's collection.

Set Design:
Julia Robert and Rudi Cole (HUMANHOOD)

Performance: HUMANHOOD Company Dancers

Meditation guiding voice: Julia Robert



Co-produced by Mercat de les Flors
Co-commissioned by Sadler's Wells, London & The Lowry
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Dance City, Elclimamola, El Graner & L'Animal a l'Esquena
R&D commissioned as part of Birmingham 2022 Festival

A HUMANHOOD Dance Company production

TOUR DATES

Previous Performances

Mercat de les Flors (Spain)
Atrium Viladecans (Spain)
Teatre Auditori de Granollers (Spain)
The Lowry (UK)
Northern Stage (UK)
Birmingham Hippodrome (UK)
Venice Biennale (Italy)
CINARS (Canada)
Danza Valencia (Spain)
MasDanza Tenerife (Spain)

2025

Sadler's Wells EAST (UK), 12 - 15 February
National Theatre Catalonia (Spain), 20 - 23 March



Co-Produced by



R&D Commissioned by



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Supported by

