



Visual Story

J Neve Harrington SOME TIMES

**SADL
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Sadler's Wells in Angel
**Lilian Baylis
Studio**

Contents

Welcome	Page 3
Relaxed Performances	Page 4
Arriving at Sadler's Wells	Page 5
Fox Garden Court Café	Page 7
Lilian Baylis Studio	Page 9
Timings	Page 12
Chill-Out Room	Page 13
During the Show	Page 15
About SOME TIMES	Page 17
Thank You	Page 20

Welcome to the Lilian Baylis Studio

This Visual Story is to help prepare you to come and see a performance of **SOME TIMES** by **J Neve Harrington** in the Lilian Baylis Studio at Sadler's Wells.

The Lilian Baylis Studio is a small studio theatre for dance in London. People come here to watch a wide variety of dance shows.

This Visual Story has information about the show and images to help anyone who may be anxious (or curious) about their visit.

It also has information to help you find your way to the Lilian Baylis Studio.

We hope that this Visual Story helps you feel more prepared for your visit.

If you have any questions, please contact Ticket Office by phone on 020 7863 8000 (Monday to Saturday, 12pm-6pm) or by e-mail at tickets@sadlerswells.com.

What is a Relaxed Performance?

A Relaxed Performance is a more informal theatre experience for anyone who would benefit from a relaxed atmosphere to enjoy a show.

This means:

- You are welcome to leave and re-enter the auditorium if you need to. The lights will stay at a low level throughout so you can find your way.
- You are welcome to make noise in the auditorium and react to the show in whatever way feels natural.
- There is a separate Chill-Out Space where you can relax away from the other people if you need a quiet space to be before, during or after the show.
- Ear defenders and/or ear plugs are available from staff on request, if you feel you might need them.
- We provide a Visual Story (like this one) to help you feel prepared for your visit.

The performance of **SOME TIMES** on Thursday 12 October 2023 is a Relaxed Performance.

Arriving at Sadler's Wells on Rosebery Avenue

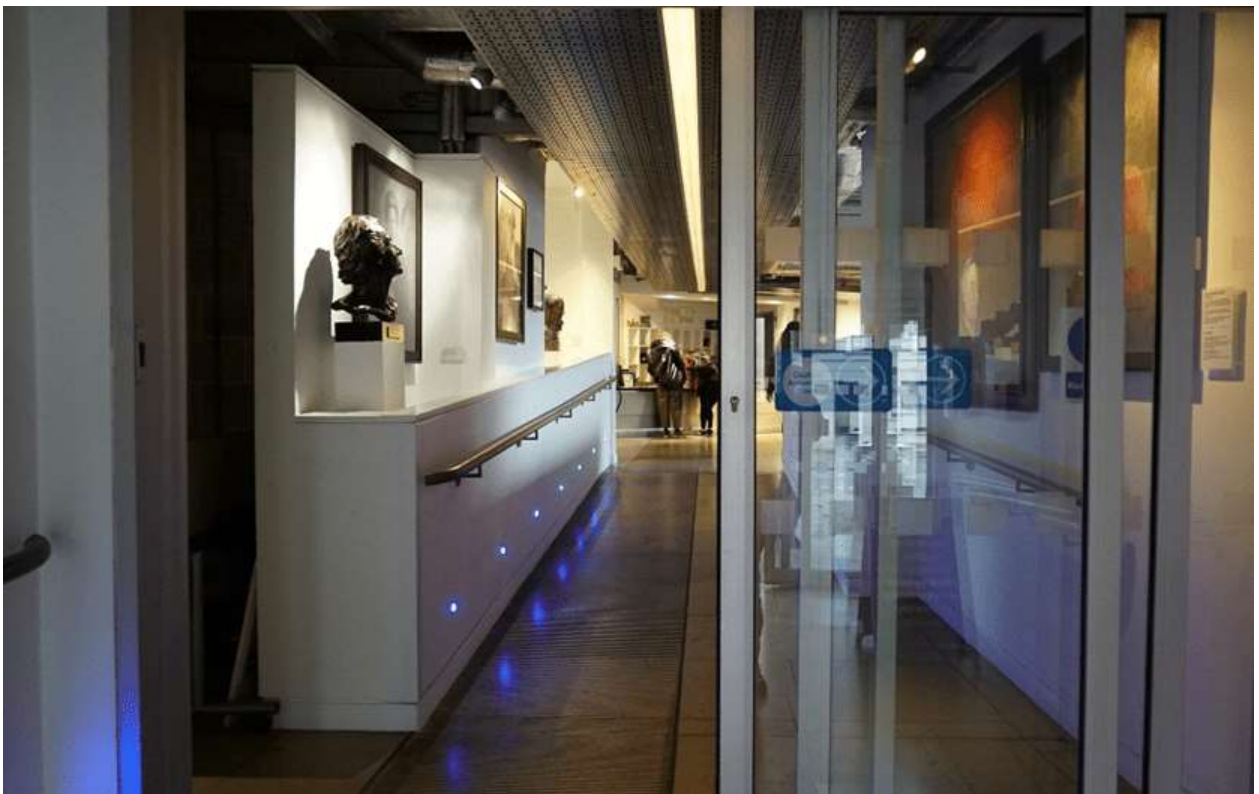
The Lilian Baylis Studio is on Rosebery Avenue in Angel, London and is part of a larger building we call Sadler's Wells in Angel.



For the Lilian Baylis Studio enter through the Lilian Baylis, Stage Door & Café entrance.



You will walk through these sliding doors towards the Stage Door Reception and the Fox Garden Court Café.



Fox Garden Court Café

Turn right past the Reception desk and into the Fox Garden Court Café. You are welcome to buy food and drink to enjoy before the show starts.



There is a tap in the dining area where you can help yourself to a glass of water or fill up your bottle. Food is not allowed in the auditorium (where the show is performed), so please finish anything beforehand or save it for afterwards.

Breast and bottle feeding is welcome everywhere at Sadler's Wells.

Before the show, the café will be busy and might be noisy with people eating, drinking, and talking.



You can find the toilets by following the corridor through the café. We have an accessible toilet and separate toilets for men and women.



There are baby-changing facilities available in the accessible toilet.

To access this toilet, please press the square silver button to the right of the door.

Lilian Baylis Studio

The entrance to the Lilian Baylis Studio is opposite the café counter, through the grey double doors.

Our Front of House team of Ushers will be there to welcome you. Their role is to help you find your seat and support with any other customer service enquiries before, during and after the performance.



An Usher will check your ticket on your way into the Lilian Baylis Studio. For this show, the seating is unallocated which means you can sit anywhere you like.

There are a range of seating options available; on beanbags and cushions if you like being right at the front, chairs in the middle, and high bar stools at the back. Choose wherever you feel most comfortable.



Other people will also be choosing where they'd like to sit so it might feel busy and a bit noisy.

This performance is performed in the round. This means that the audience sits at stage level around the edge of a circular stage. Everyone will have a good view of the performers, but it also means that you will also see other audience members in your view.

There will be up to 90 people in the audience, watching each show.

The show has some large banners that form part of the set, that you will see hanging in the space as you enter. You will also see speakers and lights set-up in each of the four corners of the space.

Both the lighting and the sound for this show are operated by the Lighting Designer and the Sound Designer who will be sitting at low tables opposite each other at the edge of the stage, next to the audience. This means if you are sitting near to them, you might see some of how these elements of the show are controlled.

Timings

The doors to enter the Lilian Baylis Studio will open at 7.45pm – fifteen minutes before the show starts.

The show will last for approximately (which means that sometimes it is a little bit more, sometimes a little bit less) 1 hour and 30 minutes. An interval is a break in the middle of the show, but this show does not have one and will run straight through.

Because Thursday's performance is a Relaxed Performance, if you need to leave the Lilian Baylis Studio at any time during the show you can, and you can choose when to come back in. If you need to do this a few times during the show that's okay.

Chill-Out Room

A quiet Chill-Out Room is provided as an alternative space to be in if you choose to leave the Lilian Baylis Studio during the show, or if you need somewhere to rest or relax before or after. This space is reserved only for audience members of SOME TIMES.

There is a sofa and some cushions, and there will be a live video feed of the show happening in the Lilian Baylis Studio shown on a TV screen, where you can continue to watch the show (if you like).



You can find the Chill-Out Room at the very end of the corridor past the toilets on your right. You

need to press the square silver button to the right of the door next to the computer screen to enter. Once pressed, the door will open automatically.

There will be signs to direct you and if you need help finding the Chill-Out Room, please ask a member of staff.

During the Show

It is very important that no one goes onto the stage during the show as it could be dangerous for you and the performers. The stage is a clear circular area in the centre of the space measuring 9 meters in diameter.



You are welcome to move around the auditorium, leave and re-enter during the Relaxed Performance as you need, but please keep to the edges of the space.

Wheelchair users will enter the Lilian Baylis Studio using the lift at Stage Door Reception. An Usher will lead you safely through the backstage area and into the Lilian Baylis Studio to your seat (if you would like to transfer) or a space (next to your companion, if you like).

Thursday's performance of SOME TIMES will have both Audio Description and BSL-Interpretation. This means that you might see some people in the audience wearing headsets to listen to the Audio Description live during the show. You will also see a BSL-Interpreter signing all the spoken text in the show.

The lights will go darker over the audience as the show begins.

The show ends when the lights get darker, and the dancers take a bow. The audience will clap for them, which might be a bit noisy.

After the performance everyone will leave the same way they came in. If you prefer, you are welcome to wait in your seat and leave after everyone else has gone and it becomes quieter.

About **SOME TIMES**

This show has an intergenerational cast. This means that the performers are of different generations aged from their teens all the way through to their 70's.

There are six professional performers in the show who perform alongside a community cast of young people aged between 16-19 years.

Neve is a neurodivergent artist and has created this show being mindful of the different ways people process information. The show is sensory in feeling with lots to look at and take in, with softness and playfulness at its core.

Both the costumes and design of the space uses rich colours, which you will see in the cushions and flags that are hanging in the space.

At the beginning of the show, the performers throw ribbons of fabric across the stage, up in the air and to each other. If you are sitting on the cushions near the edge of the stage, it might feel like the performers are coming quite close to you but they won't touch you.

Around twenty-minutes into the show, the lights get noticeably darker, and a machine starts producing theatrical smoke to create a hazy effect. You'll be able to see the shafts of light more clearly.

Not too long after, three performers start running around the stage and the others join them by moving from behind the audience, through and onto the stage. The music starts quietly and then gets gradually louder as the performers start to sing together in unison.



Around thirty-minutes into the show the lights go very dark. At this point the performers say seemingly random words out loud.

A circular projection of colourful images will be shown from above, onto the performers.

At fifty-minutes into the show the performers talk loudly in unison for a short period of time. The music then increases in intensity and there is a loud sharp noise, then a loud bell sound rings. This is the first time you will hear this noise in the show and might feel quite sudden or loud.

After this section, the performers leave the stage for around ten-minutes. There is still a lot happening on the stage with the lighting design that moves and the music, which is loud and energetic.

Around one-hour into the performance the performers re-enter the stage, again from behind and through the audience. The movement increases in speed and lights flash over the stage.

The lights on the stage fade to complete darkness at the end of the performance. The performers will then come out and take a bow afterwards.

Thank You

We hope you enjoy your visit to the Lilian Baylis Studio. If there is any further information you need, please contact Ticket Office by phone on 020 7863 8000 (Monday to Saturday, 12pm-6pm) or by e-mail at tickets@sadlerswells.com.

At the links below, find out more about:

- [Relaxed Performances at Sadler's Wells](#)
- [See our list of upcoming Relaxed Performances](#)

We look forward to seeing you again soon.