

19 & 20 May 2022

Welcome to L CASA

SADL

ELLS

L CASA invites you into a home away from home, portraying both the comfort and the rawness of our lived experiences in this multi-disciplinary evening.

"This isn't just an invitation to my creative home, but a trinket box of unspoken languages that I hope offers a mental space for perspective and healing, for those experiencing it."- L'atisse Rhoden

EDIH

EDIH is the first dance film offering from a new series featuring Ekin Bernay. This twisted and raw short touches on themes of body dysmorphia and the impact that selfexpectation has on health.

Artist: Ekin Bernay Cinematographer: Alice Underwood Composer: Torben Lars Sylvest Director & Writer: L'atisse Rhoden

Dutopia

Inspired by personal narratives and shifting perspectives, Dutopia is a short film that follows the story of Lilli-Mai, a young woman navigating unresolved trauma from her home life. After witnessing heated exchanges between her parents, Lilli-Mai subconsciously develops a new way of coping with her realities to keep the peace at home.

Mum: Ekin Bernay

Young Lilli-Mai: Ruby-Ann Charles Lula's Friend: Victoria Shulungu Young girl: Autumn Williams Dad: O'Neil Rochester Bunny: Tyrone Isaac-Stuart Older Lilli-Mai: Micah Barnes Dance Artist: Nicey Belgrave Dance Artist: Robia Milliner Dance Artist: Kloe Dean Extra: Stefan Sinclair

Film Director & Editor: Ben Williams Creative Director, Caster, Writer & Producer: L'atisse Rhoden Assistant Director & Producer: Victoria Shulungu Cinematographer: Zeta Spyraki Assistant Choreographer: Fi Silverthorn Make-Up Artist: Jamilat Charles Hair Stylist: Sapphire Charles

Panel Discussion

Following the interval there will be panel discussion with L'atisse Rhoden and her film collaborators and cast. facilitated by Dionne Reid.

Live DJ Sets

Peppering the evening will be live DJ sets from NAVA LDN featuring Mister S, LXTISSE and SPINADA.

NAVA Café

NAVA LDN (L'atisse Rhoden & Stefan Sinclair) curate NAVA Café.

This hybrid pop-up installation, designed in collaboration with Architect Russell Royer, invites communities to come together in a cosy and collaborative environment. Soak up good vibrations and our shared love of soulful hip hop, beats and R&B, while you drop-in, meet someone new and enjoy a specially selected offer in the café.

NAVA Café is open from 12:00-20:00 on Wednesday and from 12:00-22:30 on Thursday and Friday.

BIOGRAPHIES

L'atisse Rhoden

L'atisse has gained a trustworthy reputation from her multidisciplinary collections. After 11 years of experimenting with a neutral balance of contemporary and street dance styles, L'atisse took the opportunity to nurture her own creativity and establish herself an independent artist.

After performing for two favourable UK Hip Hop companies, L'atisse presented her first theatre works for Breakin' Convention shortly before joining Sadler's Wells as a New Wave Associate in 2018.

Offering a pocket of surrealist visuals inspired by dream – like narratives, L'atisse's creations go beyond live performance. In 2018 she released her first visual capturing over 70,000 online views and has continued to use choreographic practice to experiment on film and guide her creations.

L'atisse is also the co-founder of NAVA LDN, an expanding outlet for DJ's and like-minded creatives in London.

NAVA Café is their first and exclusive installation, with plans to offer moodier black-owned spaces for creatives.



ACKNOWLEDGEMENTS

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Stefan Sinclair Duja Sinada Angelica Gayle Victoria Shulungu Alisha Rhoden Dionne Reid Jason Torres Russell Royer Robyn Cabaret Michelle Norton

Ciara Lynch Karine Goudat D&G Builders Breakin' Convention Sadler's Wells The NAVA LDN Family

L'atisse Rhoden is a Sadler's Wells New Wave Associate. This event is co-produced by Sadler's Wells and Breakin' Convention as part of Well Seasoned: a celebration of black dance.

Well Seasoned is supported by the Foyle Foundation.



Image Credit: Camilla Greenwell